

2 - 2ª jornada, 1ª sesión

20/12/2025

Prueba 10
20/12/2025

200m Braza

20 años y mayores
Resultados

Clasificación	AN							Tiempo	RT
20+, Masc.									
1. PORTALES JULIA, Pedro	03	C.D.N. Playuki						3:27.83	19,00 +0,93
50m: 47.07 47.07 100m: 1:39.78		52.71 150m: 2:34.48 54.70				200m: 3:27.83 53.35			
2. GARCIA FALCON, Alvaro	01	Cn.Salinas Sta.Lucia						3:33.94	16,00 +1,21
50m: 46.34 46.34 100m: 1:41.30		54.96 150m: 2:37.94 56.64				200m: 3:33.94 56.00			
Baja SANTANA PEREZ, Saul Carmelo	02	C.N. Las Palmas						-	
25+, Masc.									
1. AFONSO SUAREZ, Ivan	96	C.N. Los Cristianos						2:28.47	17,50 +0,94
50m: 33.27 33.27 100m: 1:10.41		37.14 150m: 1:49.19 38.78				200m: 2:28.47 39.28			
CERPA CABALLERO, Jonay Salvador	99	C.N. Los Cristianos						2:28.47	17,50 +0,74
50m: 33.06 33.06 100m: 1:11.11		38.05 150m: 1:49.66 38.55				200m: 2:28.47 38.81			
3. ALVAREZ VALENCIA, Nestor	00	C.N. Vulcania Master						2:29.49	14,00 +0,73
50m: 34.38 34.38 100m: 1:12.41		38.03 150m: 1:50.97 38.56				200m: 2:29.49 38.52			
4. RUIZ SEIJO, Brais	98	C.N. Vulcania Master						2:30.78	13,00 +0,79
50m: 33.92 33.92 100m: 1:11.61		37.69 150m: 1:51.03 39.42				200m: 2:30.78 39.75			
5. PEREZ COLMENARES, Jose Miguel	00	R.C. Náutico De La Palma						2:53.20	12,00 +0,95
50m: 37.78 37.78 100m: 1:20.02		42.24 150m: 2:06.20 46.18				200m: 2:53.20 47.00			
6. ALVARADO RAMOS, Carlos	97	Cn.Salinas Sta.Lucia						3:01.14	11,00 +0,81
50m: 40.35 40.35 100m: 1:26.22		45.87 150m: 2:14.31 48.09				200m: 3:01.14 46.83			
7. SUAREZ GARCIA, Adrian	96	C.D. Belen Maria						3:14.83	10,00 +1,04
50m: 44.87 44.87 100m: 1:34.79		49.92 150m: 2:24.86 50.07				200m: 3:14.83 49.97			
8. MATAS MONROY, Javier Hernan	00	Cn.Salinas Sta.Lucia						3:32.58	9,00 +8,45
50m: 47.54 47.54 100m: 1:40.32		52.78 150m: 2:35.31 54.99				200m: 3:32.58 57.27			
30+, Masc.									
1. MURILLO NOVA, Cedric	94	C.N. Vulcania Master						2:48.50	19,00 +0,80
50m: 37.68 37.68 100m: 1:19.95		42.27 150m: 2:03.68 43.73				200m: 2:48.50 44.82			
2. RODRIGUEZ GONZALEZ, Sergio	94	C.D. Jescagua						3:38.43	16,00 +1,60
50m: 47.92 47.92 100m: 1:43.16		55.24 150m: 2:41.15 57.99				200m: 3:38.43 57.28			
NP SANTANA HERNANDEZ, Adrian Manue	95	C.N. Las Palmas						-	
NP DIAZ GARCIA, Pablo Jose	91	C.N. Las Palmas						-	

Prueba 10, 200m Braza

35+, Masc.

1.	GARCIA FIERRO, Victor Manuel	88	C.N. Metropole	2:40.94	19,00	+1,11
	50m: 37.81 37.81 100m: 1:18.93	41.12 150m: 1:59.91	40.98 200m: 2:40.94	41.03		
2.	SANTANA LOPEZ, Yosias	89	C.N. Metropole	2:43.31	16,00	+0,93
	50m: 35.46 35.46 100m: 1:16.41	40.95 150m: 1:59.19	42.78 200m: 2:43.31	44.12		
3.	SARMIENTO LEON, Dailos	88	Cn.Salinas Sta.Lucia	3:33.31	14,00	+1,30
	50m: 48.33 48.33 100m: 1:41.35	53.02 150m: 2:36.36	55.01 200m: 3:33.31	56.95		
4.	DE CASTRO MONTERO, Borja	89	C.N. Las Palmas	3:35.03	13,00	+1,14
	50m: 46.21 46.21 100m: 1:40.40	54.19 150m: 2:36.88	56.48 200m: 3:35.03	58.15		
Baja	VELASCO CARBALLO, Nehemias	88	Club Deportivo Teimar	-		

40+, Masc.

1.	AGUADO DOMINGUEZ, Ismael	82	C.D. Jerez Natacion Master	2:36.24	-	+0,76
	50m: 34.42 34.42 100m: 1:14.24	39.82 150m: 1:55.44	41.20 200m: 2:36.24	40.80		
2.	BEDOYA OTERO, Omar	81	C.N. Valleverde	2:41.55	19,00	+0,90
	50m: 36.19 36.19 100m: 1:16.54	40.35 150m: 1:58.04	41.50 200m: 2:41.55	43.51		
3.	HERNANDEZ PEREZ, Jonathan	82	Cn.Salinas Sta.Lucia	2:55.43	16,00	+0,90
	50m: 38.63 38.63 100m: 1:23.13	44.50 150m: 2:09.19	46.06 200m: 2:55.43	46.24		
4.	MERLO CANO, Joaquin	82	C. Tenerife Masters	3:35.57	14,00	+1,29
	50m: 50.39 50.39 100m: 1:44.58	54.19 150m: 2:39.97	55.39 200m: 3:35.57	55.60		
5.	QUINTANA GARCIA, Daniel	85	C.N. Las Palmas	3:37.11	13,00	+0,83
	50m: 50.17 50.17 100m: 1:46.38	56.21 150m: 2:41.88	55.50 200m: 3:37.11	55.23		
6.	PEREZ TORRES, Mariano Luis	84	C.D. Solventia	3:37.91	12,00	+1,00
	50m: 48.03 48.03 100m: 1:43.46	55.43 150m: 2:41.19	57.73 200m: 3:37.91	56.72		
Baja	CHECA MERINO, Pablo	82	C.D. Belen Maria	-		

45+, Masc.

1.	YANES BOWDEN, Geoffrey	80	C. Tenerife Masters	3:03.89	19,00	+0,95
	50m: 41.19 41.19 100m: 1:27.31	46.12 150m: 2:15.60	48.29 200m: 3:03.89	48.29		
2.	OJEDA RODRIGUEZ, Alejandro	79	C.N. Valleverde	3:35.14	16,00	+0,94
	50m: 48.11 48.11 100m: 1:42.35	54.24 150m: 2:38.65	56.30 200m: 3:35.14	56.49		
3.	PEREZ RODRIGUEZ, David C	77	C.D.N. Playuki	3:54.63	14,00	+1,14
	50m: 56.26 56.26 100m: 1:57.15	1:00.89 150m: 2:58.00	1:00.85 200m: 3:54.63	56.63		

50+, Masc.

1.	GARCIA GARCIA, Jose Agustin	73	C.N. Vulcania Master	3:30.67	19,00	+1,03
	50m: 46.54 46.54 100m: 1:39.22	52.68 150m: 2:34.97	55.75 200m: 3:30.67	55.70		
2.	DE LEON LOPEZ, Ruben	75	C. Tenerife Masters	3:49.44	16,00	+0,97
	50m: 47.00 47.00 100m: 1:43.42	56.42 150m: 2:45.45	1:02.03 200m: 3:49.44	1:03.99		
Baja	CAMACHO SANTANA, Carlos	74	C.N. Las Palmas	-		

Prueba 10, 200m Braza

55+, Masc.

1.	GIL TRUJILLO, Pedro	67	Cn.Salinas Sta.Lucia	3:23.03	19,00	+1,20
	50m: 46.29 46.29 100m: 1:36.68 50.39 150m: 2:29.41 52.73 200m: 3:23.03 53.62					
2.	OJEDA GONZALEZ-POSADA, Pablo	67	C.N. Metropole	3:25.69	16,00	+0,86
	50m: 44.39 44.39 100m: 1:35.94 51.55 150m: 2:30.99 55.05 200m: 3:25.69 54.70					
3.	MARTIN HERNANDEZ, Alejandro	67	C.N. Las Palmas	3:55.72	14,00	+1,05
	50m: 52.22 52.22 100m: 1:51.02 58.80 150m: 2:52.18 1:01.16 200m: 3:55.72 1:03.54					
4.	GONZALEZ SUAREZ, Jose Vicente	70	Club Natación Ocho De Septiembre	4:12.47	13,00	+1,47
	50m: 56.75 56.75 100m: 1:59.89 1:03.14 150m: 3:06.82 1:06.93 200m: 4:12.47 1:05.65					
5.	SUAREZ RODRIGUEZ, Manuel	66	C.D.N. Playuki	4:31.37	12,00	+1,23
	50m: 1:04.32 1:04.32 100m: 2:16.09 1:11.77 150m: 3:26.59 1:10.50 200m: 4:31.37 1:04.78					

60+, Masc.

1.	GARCIA OSSORIO, Jose Luis	65	C. Tenerife Masters	3:43.70	19,00	+1,00
	50m: 50.38 50.38 100m: 1:46.96 56.58 150m: 2:47.19 1:00.23 200m: 3:43.70 56.51					
2.	RODRIGUEZ SANTANA, Jose Jesus	65	Cn.Salinas Sta.Lucia	3:48.09	16,00	+2,33
	50m: 51.30 51.30 100m: 1:49.56 58.26 150m: 2:49.12 59.56 200m: 3:48.09 58.97					
3.	DORTA MACIA, Carlos	62	C. Tenerife Masters	3:53.60	14,00	+3,91
	50m: 56.92 56.92 100m: 1:58.90 1:01.98 150m: 2:59.37 1:00.47 200m: 3:53.60 54.23					
4.	BRAVO DE LAGUNA SOCORRO, Albe	62	C.N. Las Palmas	4:49.81	13,00	+1,32
	50m: 1:05.32 1:05.32 100m: 2:20.26 1:14.94 150m: 3:37.70 1:17.44 200m: 4:49.81 1:12.11					

65+, Masc.

1.	QUESADA ORTEGA, Jose Ramon	60	C.N. Metropole	4:04.55	19,00	+1,11
	50m: 56.76 56.76 100m: 2:00.12 1:03.36 150m: 3:04.07 1:03.95 200m: 4:04.55 1:00.48					

70+, Masc.

1.	PERERA MOLINERO, Antonio	55	C. Tenerife Masters	3:46.23	19,00	+1,20
	50m: 50.50 50.50 100m: 1:46.87 56.37 150m: 2:45.08 58.21 200m: 3:46.23 1:01.15					

75+, Masc.

1.	CASTRILLON GARCIA-DELGADO, Jos	49	C. Tenerife Masters	4:26.36	19,00	+3,53
	50m: 59.51 59.51 100m: 2:07.98 1:08.47 150m: 3:18.06 1:10.08 200m: 4:26.36 1:08.30					
2.	RIERA MONTAL, Agustin	49	C. Tenerife Masters	4:54.87	16,00	+1,29
	50m: 1:04.43 1:04.43 100m: 2:19.61 1:15.18 150m: 3:38.53 1:18.92 200m: 4:54.87 1:16.34					

Baja CHECA FAJARDO, Placido 50 C.N. Metropole -

Prueba 10, 200m Braza

20+, Fem.

1.	MATOS QUEVEDO, Maria	02	C.N. Las Palmas	3:02.27	19,00	+0,88
	50m: 40.17 40.17 100m: 1:26.23 46.06 150m: 2:13.95 47.72 200m: 3:02.27 48.32					
Baja	ST MARY, Sara	04	C.N. Las Palmas		-	

25+, Fem.

1.	MARTINEZ SANCHEZ, Camino	97	C. Tennis Chamartin	2:53.66	-	+0,77
	50m: 39.76 39.76 100m: 1:23.72 43.96 150m: 2:09.06 45.34 200m: 2:53.66 44.60					
2.	ARTILES CARBALLO, Irene	96	C.N. Las Palmas	3:07.20	19,00	+1,00
	50m: 42.30 42.30 100m: 1:29.28 46.98 150m: 2:17.49 48.21 200m: 3:07.20 49.71					
3.	GIRALDEZ OSORIO, Marta	00	C.D. Solventia	3:24.02	16,00	+0,93
	50m: 46.26 46.26 100m: 1:37.54 51.28 150m: 2:30.13 52.59 200m: 3:24.02 53.89					
4.	GIL HERNANDEZ, Irene Ma	96	C.D. Solventia	3:52.22	14,00	+1,14
	50m: 53.76 53.76 100m: 1:52.69 58.93 150m: 2:53.53 1:00.84 200m: 3:52.22 58.69					
5.	ACOSTA ALONSO, Cynthia Maria	99	C.D.N. Playuki	3:55.08	13,00	+0,91
	50m: 50.20 50.20 100m: 1:49.09 58.89 150m: 2:52.46 1:03.37 200m: 3:55.08 1:02.62					
6.	ARENCIBIA PERERA, Miriam	97	C.N. Valleverde	4:31.80	12,00	+0,98
	50m: 58.30 58.30 100m: 2:06.95 1:08.65 150m: 3:19.51 1:12.56 200m: 4:31.80 1:12.29					

30+, Fem.

1.	RAMOS ROJAS, Gisela	94	C.N. Vulcania Master	2:55.90	19,00	+0,94
	50m: 39.71 39.71 100m: 1:24.18 44.47 150m: 2:10.14 45.96 200m: 2:55.90 45.76					
Baja	RODRIGO SANCHEZ, Davinia	92	Cn.Salinas Sta.Lucia		-	

35+, Fem.

1.	ROLDAN GOMEZ, Alba	86	C.D. Jerez Natacion Master	2:54.17	-	+0,87
	50m: 39.42 39.42 100m: 1:23.12 43.70 150m: 2:08.17 45.05 200m: 2:54.17 46.00					
2.	MARTINEZ DE LA CRUZ, Azahara	89	C.N. Metropole	3:04.63	19,00	+0,77
	50m: 42.92 42.92 100m: 1:29.70 46.78 150m: 2:16.69 46.99 200m: 3:04.63 47.94					
3.	HIJAR JIMENEZ, Maria	90	C.N. Vulcania Master	3:21.57	16,00	+0,99
	50m: 46.36 46.36 100m: 1:37.50 51.14 150m: 2:29.40 51.90 200m: 3:21.57 52.17					

40+, Fem.

1.	CELAYE GARCIA, Diana Beatriz	81	C.D. Nonadamos	4:48.43	19,00	+0,94
	50m: 1:06.18 1:06.18 100m: 2:19.43 1:13.25 150m: 3:33.75 1:14.32 200m: 4:48.43 1:14.68					

Prueba 10, 200m Braza

45+, Fem.

1.	GARCIA DELGADO, Yaiza	76	C.N. Metropole	3:24.31	19,00	+1,04
	50m: 46.58 46.58 100m: 1:39.29 52.71 150m: 2:31.64 52.35 200m: 3:24.31 52.67					
2.	CERVILLA PEREZ, Cristina	79	C.D. Nonadamos	3:52.36	16,00	+1,04
	50m: 54.42 54.42 100m: 1:53.86 59.44 150m: 2:54.03 1:00.17 200m: 3:52.36 58.33					
3.	RIZO OSUNA-MOYANO, Nuria	78	C. Tenerife Masters	3:52.77	14,00	+0,98
	50m: 52.98 52.98 100m: 1:50.81 57.83 150m: 2:51.69 1:00.88 200m: 3:52.77 1:01.08					
4.	ERCOLINI, Marina Eva	79	C.N. Los Cristianos	3:56.91	13,00	+1,43
	50m: 53.98 53.98 100m: 1:53.52 59.54 150m: 2:55.40 1:01.88 200m: 3:56.91 1:01.51					
5.	AFONSO RIVERO, Vanessa Del Carme	77	C.N. Carucagua	4:40.46	12,00	+1,14
	50m: 1:02.70 1:02.70 100m: 2:13.37 1:10.67 150m: 3:26.64 1:13.27 200m: 4:40.46 1:13.82					
6.	RODRIGUEZ BETANCOR, Otilia Rosa	78	C.D.N. Playuki	4:58.89	11,00	+1,24
	50m: 1:06.67 1:06.67 100m: 2:23.03 1:16.36 150m: 3:41.19 1:18.16 200m: 4:58.89 1:17.70					

50+, Fem.

1.	MOSHASHAEI MOSHASHAEI, Neda Si	74	Cn.Salinas Sta.Lucia	4:16.50	19,00	+1,35
	50m: 57.14 57.14 100m: 2:02.60 1:05.46 150m: 3:09.42 1:06.82 200m: 4:16.50 1:07.08					
2.	HAMPLOVA, Eva	72	Cn.Salinas Sta.Lucia	4:47.34	16,00	+1,13
	50m: 1:06.77 1:06.77 100m: 2:20.43 1:13.66 150m: 3:36.37 1:15.94 200m: 4:47.34 1:10.97					

55+, Fem.

1.	ALBERICHE RUANO, Maria Del Pino	66	C.N. Metropole	3:26.31	19,00	+0,97
	50m: 47.08 47.08 100m: 1:39.82 52.74 150m: 2:34.16 54.34 200m: 3:26.31 52.15					
2.	GONZALEZ RODRIGUEZ, Mercedes	67	C. Tenerife Masters	3:37.99	16,00	+1,10
	50m: 49.89 49.89 100m: 1:44.93 55.04 150m: 2:41.52 56.59 200m: 3:37.99 56.47					

60+, Fem.

1.	QUINTANILLA AYLLON, Elena	65	C.N. Metropole	3:29.79	27,00RR+1,00TE	
	50m: 48.74 48.74 100m: 1:41.87 53.13 150m: 2:35.91 54.04 200m: 3:29.79 53.88					

65+, Fem.

1.	BRANF, Judith Sarah	60	C.N. Vulcania Master	4:26.22	19,00	+2,63
	50m: 1:04.04 1:04.04 100m: 2:12.02 1:07.98 150m: 3:21.19 1:09.17 200m: 4:26.22 1:05.03					